



Clarifications on Requirements for Performing CPR on the Ground and Giving Oral Exams

Various accommodations can be made so that any person can participate in Red Cross Training Services courses. Below are the policies for a participant to earn certification:

For lay responder-level courses in First Aid, CPR and AED (including First Aid/CPR/AED, Responding to Emergencies, etc.), individuals in basic-level courses must be able to demonstrate a primary assessment and one cycle of CPR (breaths and compressions) on the ground **one time** during the course. All other practice and scenarios of CPR skills may be done on a raised surface.

For healthcare provider/professional-level courses (such as Lifeguarding, CPR/AED for Professional Rescuers, Basic Life Support, Emergency Medical Response, etc.), individuals must be able to perform all skill practice and scenarios (including CPR) on the ground and/or as designed.

For Instructor/Instructor Trainer/Educator-level courses, individuals must meet the objectives of the course and be able to perform skills and scenarios to the standard (all the skill steps outlined in a skill chart) as indicated in the performance criteria of each course.

In addition to giving oral exams for basic level courses, oral exams may be administered to individuals in instructor-level courses.

These, and other requirements for certification, can be found in the [Inclusion Guide](#).